

Stepfamily Living

is not for

Wimps

with Elizabeth Einstein
MA/LMFT

September 16, 2010

6:30 - 8:30 pm

St. Margaret Parish

766 S. Farmer Street

Otsego, MI 49078

Cost: \$5/person, \$8/family

Scholarships Available



Making a stepfamily is a process! And it takes time--lots of time--and a serious commitment to work at creating a strong, successful stepfamily.

This playful and informative evening for single parents and stepfamilies includes Ms. Einstein's innovative demonstration of "emotional baggage" and a "trail map" that outlines the five normal stages of creating a stepfamily -- Fantasy, Confusion, Crazy Time, Stability, and Commitment. Research shows that remarriage can provide a healthy environment in which children can continue to heal and develop - when adults have information, support and guidance.

To register call Cheryl C. Parente-Roggow, LMSW, ACSW at the Plainwell Counseling Center 269-685-9401 x11

*Elizabeth Einstein MA/LMFT, author of the award-winning **The Stepfamily: Living, Loving and Learning and Strengthening Your Stepfamily**, is recognized as one of America's leading stepfamily educators. Her educational materials are used throughout the world by single-parents, blended families and professionals who help stepfamilies conquer their challenges. Einstein has served on the board of the National Stepfamily Resource Center and was the founding editor of the national newsletter, **Stepfamilies**. For more than 30 years Einstein has taught in social work schools at leading universities and within the military community through its family advocacy program.*



This evening is also endorsed by Catholic Family Services, Pine Rest Christian Mental Health Services Kalamazoo Clinic



Sponsored By Plainwell Counseling Center  **Plainwell**
in collaboration with **Counseling Center**

CATHOLIC DIOCESE OF KALAMAZOO

215 N. Westnedge Avenue

Kalamazoo, MI 49007

MARRIAGE AND FAMILY MINISTRY

Deacon Joe Schmitt, Director

269.349.8714 x112

jschmitt@dioceseofkalamazoo.org